

Course Title

Counterbalance Lift Truck (1000kg to 5000kg) (5000kg and over)

Course Overview

Every year there are around 8000 reportable injuries involving lift trucks. These injuries, some fatal, create suffering for those involved. They also involve a heavy cost on the employer's business. Even an incident not involving an injury may result in costly damage to trucks, buildings, fittings and goods. Lift-truck accidents are frequently associated with lack of suitable and sufficient operator training. Such training is an essential first step in reducing damage and injury. PUWER 1998 (9) requires all people who use such equipment, to receive adequate training for its safe use.

Who Should Attend

Delegates who are required to safely operate a counterbalanced lift truck within the scope of any working activity they are employed to carry out.

Course Content

- Current Legislation - (HASAWA 1974 / PUWER 1998 / LOLER 1998 / ACOP L117)
- Delegates issued with an operators handbook
- Operator safety video(s) – (7 Deadly Sins / Dangerous Manoeuvres)
- Pre Use Checks & Maintenance (Record Keeping and Reporting)
- Introduction to the machine and its controls
- Starting / Stopping
- Observational Techniques
- Basic Steering & Steering in Confined Spaces
- Approaching a Load to Pick Up & Place
- Bulk Stacking
- Loading & Unloading a Vehicle
- Place & Retrieve a Load from Industrial Racking Systems (All Heights)
- Re-Fuel / Re-Charge / LPG Changing Bottles
- Theoretical Assessment
- Practical Assessment

Course Outcome

- Identify the basic construction and components, and the purpose and use of all its controls and gauges.
- Identify and comply with manufacturers instructions in accordance with the operator's handbook, other information sources, and applicable legislation.
- Explain all relevant documentation.
- Carry out all pre-use and running checks.
- Configure the forklift for travel.
- Manoeuvre in confined areas using forward and reverse direction, in a loaded and unloaded state.
- Set the forklift in order to lift various loads.
- Lift and place various loads within the full working range of the forklift.
- Ensure load integrity and security.
- Transport loads.
- Place and retrieve loads accurately at various places.
- Place and retrieve loads from a vehicle bed or trailer.
- Keep within safe working parameters.
- Place the machine in an out-of-service condition.
- Explain the loading and unloading procedures on and off a transporter.

Course Durations

Novice – (No or little experienced)

1 delegate over 3 days 2 delegates over 4 days 3 delegates over 5 days

Existing / Experienced – (Confident with the use of a lift truck and understands all of the controls & gauges)

1 delegate over 2 days 2 or 3 delegates over 3 days

Refresher – (Already attended a course of training and can prove this)

1 to 3 delegates over 1 day

Assessment – (Over 2 years experience and can be verified by an employers letter)

1 to 4 delegates over 1 day

